

## Through the years





Early people

Few relics have survived from the early periods of Shetland's history.



It is likely that the earliest settlers in Shetland hunted wild animals, fish and birds.



Remnants which may have given us information about diet and hunting methods decayed long ago before we could assess them.

We think settlers in Shetland went fishing, but also grew crops and kept animals in periods of warmer weather.





This broken quern was discovered in Sumburgh—it dates from the bronze age, which means people in Shetland at that time did grow and grind crops.

These bone 'disgorgers' are for removing fish hooks and gorges from the mouths of fish.

They were found in Shetland and used between 3000BC and 1100AD.





#### THE PICTS

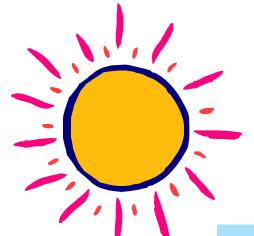


The Picts lived in mainland Scotland from around the 6th to the 9th Century, possibly earlier. Indications of a burial at Sumburgh suggest that Picts had probably settled in Shetland by 300AD.

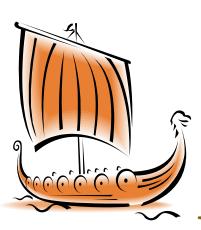








We think Picts went fishing, but also grew crops and kept animals in periods of warmer weather.







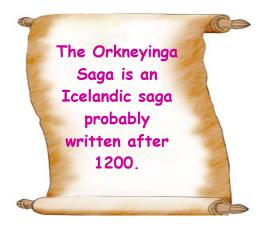
They cultivated the land, before the Vikings made their way to Shetland from Norway.



## Vikings!



Viking boats that travelled to Shetland were strong, sea-worthy but lightweight.



The design of the Viking boats developed into the 'Shetland boat' style in later years.



"...and Uni took three
Hjatlanders, and they took
a six oared boat...
in Sumburgh Voe a poor old
bondi drove out as each was
ready..."



## The Orkneyinga Saga mentions fishing in Shetland briefly—off Fair Isle, and off Sumburgh.

s kurou produ one tok van at 1990 oon eringers.

Ihan z pengu p Arrin inikiñ z langu p pria raga ou illinik võs z lagsi ner at fi mõi briota ikipin. Þa ku. j.

Illin ugan arringi z lina lide p lincou baroi linalteigar buit heita hanvikood é ek por noran vind. E linavt at princi. Opt p ouisu fa logi lin z beutu oor at morpa lin ku ooti. Hapsi hallvuti lopsa hili eunod diekr ili liin i segi ini legi ei iklundade vensi kangunalle ini ho ik lii hlunzat nicepa lintou. Ze fir beutu ar liintoim ku j

Species of bone found from this era include cod, saithe and ling.

### Types of boats

over the centuries!

At first, boats arrived from Norway— Shetland didn't have enough wood to build their own.

When more roads were built, people started using them regularly, and used their boats less often.



Colour in the boat!

These boats arrived in parts, and the Shetlander put all the parts together.



The smallest of the open boats—it can be used close to the shore for fishing or visiting the shop!

Used for winter haddock fishing. It had to be strong and sea worthy!



Fourareen

Fourareen—boat with four oars!

Fourareens can be lots of different shapes and sizes—they are often painted colourfully!

Sixareens are the largest of the open boats and has a crew of 6 or 7. They were used for haaf fishing far out at sea.



## Trade and Merchants

In the Middle Ages the Hanseatic League had a trading port in Bergen.

Hanseatic League: merchant traders who controlled trade across Northern Europe from the 13th to 17th centuries.



Norway

They were powerful and controlled Norwegian trade with Shetland.

The Hanseatic League had rules on trading. From about 1450, merchants from North Germany decided to ignore these rules.

They travelled over to Shetland from Germany, and traded directly with Shetlanders over the summer months.



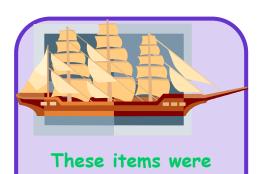
They arrived in May and set up trading booths all over the isles. They stayed until September.

The story of the German merchant families is found in Whalsay's 'Bremen' or 'Hanseatic' Böd in Symbister.









brought over by foreign

trading merchants.

Shetlanders got most things from local sources, but swapped things like cloth, butter and fish for items they couldn't get, make or grow in Shetland.



Shetlanders bartered with the German merchants.



They swapped fish, butter, meat and knitwear for salt, fish hooks, tar, beer, tobacco, linen, pottery, flour or rye meal.





German merchants sailed to Shetland for nearly 250 years—they were a vital part of the local economy.



#### German merchants residing in Shetland in 1685

Delmar Lanhanow Ellart Martens
Derick Cuning Castin Hackman
Franick Dicken
Barthol Hinch Herman Badiwish

Adolphus Westerman

Trade continued even after the passing of Shetland into Scottish hands.

## Dutch fishing fleets



The abundance of fish stocks also attracted the Dutch fishermen.

Merchants and fishermen travelled from the Netherlands to Shetland from the end of the 16th century.

Hundreds of boats gathered in Bressay Sound harbour, and started fishing on the 24th June each year.



The Dutch fishermen slept

The Dutch fishermen slept on their ships, and salted their herring onboard.

This map was drawn in 1741 and shows Dutch busses positioned around the islands.

They traded tobacco, gin and cash for the goods Shetlanders gave them.

Quite often, Shetlanders could understand Dutch and German because of their trade with their summer visitors.

## Economic Depression

There was severe cold between 1690 and 1700—storms hit Shetland around 1696, destroying crops and disrupting trade and fishing.



#### Did you know?

'Johnnie Notions' of Eshaness came up with a vaccine for smallpox! He cured 3000 people and lost none!

As well as the famine from the poor harvests, smallpox spread around Shetland—there were epidemics in 1700 and 1760.

Merchants avoided the isles at this time. They were no longer appealing to traders—their wealth was dwindling and their health was a hazard.

PROPOSAL

TO

STAMP OUT SMALL-POX

AND

OTHER CONTAGIOUS DISEASES

BY THE LATE

PROFESSOR SIR JAMES Y. SIMPSON, BART.

In 1703, when
France was at war
with Holland,
around 400 Dutch
busses were burned
in Bressay Sound,
with huge impact on
Shetland.

Wars between the Netherlands and Great Britain in the 17th and 18th centuries made the crossing through the English Channel dangerous.

Shetland became quite poor when the merchants stopped trading in Shetland.



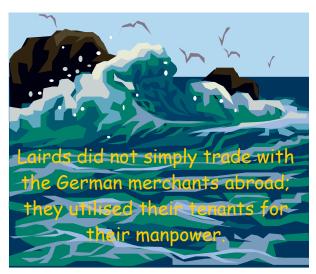
#### Lairds and the haaf



In the 17th century, lairds in Shetland began to take control of land previously shared equally between crofters.

Crofters and fishermen were 'tenants' to the laird and liable to pay rent.

The lairds started sending ships over to Germany to trade.



crofters then had to go out and fish crofters then had to go out and fish crofted took a lot of the fish they caugh, we laird were almost always forced to fish the laird or risk being evicted.

The lairds got much larger boats and sent their tenants further out to sea—the well-known 'haaf' fishing began.

Lairds sent so many men out to fish for them that soon there were too few fish left inshore!



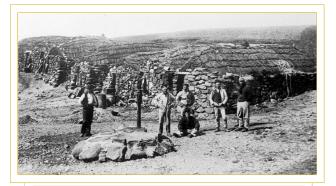




#### Out at da Haaf



Haaf fishing: May to August



Before they set off they would stay in small huts.

These men wouldn't have nets. They used long-lines to catch fish.

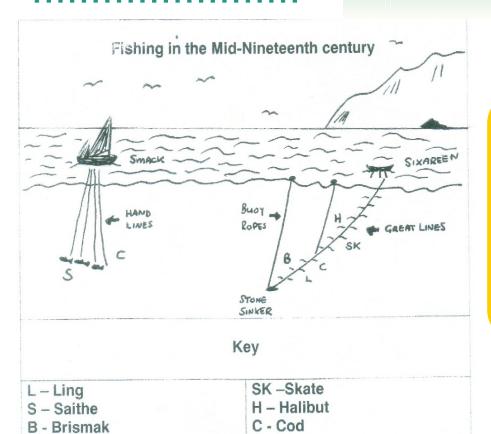
Six or seven men would row out in six-oared boats called 'sixareens' for a voyage of several days.

Fishing far from land in an open boat is very dangerous.



Some died of lack of food or warmth.

Others perished in wild storms.



Long-lines could have 7 miles of line stretched out on the sea-bed—hauling these in when they were full of fish must have been incredibly hard!

Cooking, eating and sleeping were difficult when haaf fishing. Sleeping in he boat was unlikely, and men were out for 2 or 3 days and nights at a time



#### The end of 'Da Haaf'



The 1886 Crofters Act changed crofters lives for the better!

Tenants could now fish without giving any of their catch away.

On the 16th July 1832, a great storm off Shetland claimed 107 lives and 17 boats—the haaf was a huge risk, but many had little choice until the second half of the century.



Much in debt Left a widow and S children under 14 42 Thomas Gunn Six children grown up Left a widow 43 | Andrew Pole Left no one who was dependant on him John Thomason Unmarried Left a helpless sister who was dependant John Robertson Unmarried A sister received temporary aid. Left a widow and 2 children - seer 14 46 David Jeromson One child grown up Not destitute, see No. 53 Lett a widow and I child uns John Charlison bett a widow and 5 children bett a widow and 3 children 48 | Magnus Christie Two children grown up William Charleson A poor family Left a widow and 3 children 50 William Blance 51 Robert Thomason The father of the deceased aged poor Left a widow but no children Left a widow and 2 children under 14 Rather poor on him, brother of No. 48 52 John Robertson Unmarried, left aged parents who depended Basil Christie In tolerable circumstances Left a widow; no children under 14 54 Adam Clunis 55 William Rendal 56 Jerom Manson 2 grown up. An aged father Two children grown up Left a widow and 4 children under 14, Left a widow; no children under 14 Left a widow and 4 children under 14, very Left a widow and 2 children under 14 Four children grown up Robert Coutts Daniel Robertson In great poverty Left a widow and 3 children under 14 Hosea Robertson Three children grown up Left a widow, but no children under 14 Andrew Johnson Very poor Left a widow and 4 children under 14 61 Gilbert Robertson Unmarried; left a mother and a brother under 14 who depended on him Left a widow and 3 children under 14 Five children grown up George Williamson 62 Adam Shewardson A destitute family

Left a widow and 3 children under 14

Pages and pages of this report detailed the deceased and how many were dependent on them. A saddening case—hundreds were left in severe poverty.

In 1881, 58 men were lost off Gloup, North Yell when another freak summer storm left 34 widows and 85 orphans.

64 Gilbert Hunter



These open boats were not robust enough for deep-sea fishing, and people were beginning to count their losses.

The Gloup Memorial, remembering the fishing disaster of 1881



Cod fishing



In the 19th century there was a cod fishing boom in Shetland.

Man drying cod or ling on Foula, around 1902

This boat, built in 1885, was used for cod fishing in the early 1900's.

cod had previously been overlooked—long-lines sitting on the seabed couldn't catch cod as they swim half way between the surface and the seabed.

Many cod schools had not been discovered before 1800 as they didn't swim in the fishing areas commonly used by locals.

The number of cod may have increased since the Dutch fishing fleets left in the 18th century, giving the species time to populate again.



Strong fully-decked boats, new fishing methods and navigation equipment all played a part in developing Shetland fishing.



Sixareens were still going out to the haaf at this time.



# Herring fishing Sheltand herring fleet around 1890



Shetlanders had never fully taken advantage of the herring around the Shetland seas. In the 19th century there was a huge herring boom.



The herring boom was important for Shetland's economy!



The Dutch were the first to heavily fish for herring in Shetland waters. The locals didn't start until the late 19th century.

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Women played an important part gutting fish at the herring stations.

In 1874 only 1100 barrels of herring were cured ashore in Shetland and the fleet was up to 50 boats. In 1881 the total cured had risen to 59,586 barrels and the fleet to 276 boats.

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Women gutting fish as men take their catch ashore.

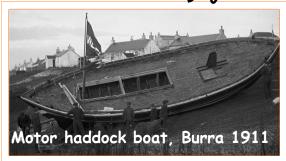
By 1884 the number of barrels cured was 300,117 from 932 boats.



#### 20th Century



By the First World War, few people still went out fishing in sixareens—the herring booms had paved the way to motor engines.





The seine net is a bag-shaped net. It is operated by ropes and has a higher catch rate than line-fishing.

FISHING INDUSTRY OF SCOTLAND Brighter Outlook for Herring Trade DEMERSAL SECTION ALSO SHOWS BETTER TONE

A government scheme in 1945 gave financial help to those working in the fishing industry in Scotland.

The Shetland fishing industry today includes 'demersal', 'pelagic', and 'shellfish' and there are some local fish farming companies too!



## Fishing today!



Today, the best of Shetland seafood is marketed worldwide.

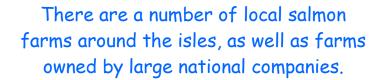


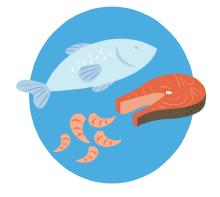
Shetland mussels waiting to be cooked!

We even have our own Food Festival!



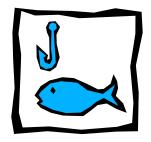
Shetland lamb, salmon and mussels are fiercely sought after by Michelin star restaurants.







Processing factories employ people to clean, gut and package fish caught in Shetland.



Fisheries made up nearly 10% of the employed population of Shetland in 2010.



The total value of all kinds of fish landed in Shetland in 2010 was £80,494,356!

## Today's Special

#### Smoked Haddock Pasties with Leeks and Clotted Cream

Serves 6

Ingredients

2lb chilled puff pastry
12oz smoked haddock
6oz cleaned chopped leeks
10oz peeled cooked tatties
4 tbsp clotted cream
black pepper and salt
1 egg

#### Method

- Preheat oven to 200°C or Gas 6
- Roll out pastry to create 7.5 inch circles
- Cut haddock to 1 inch chunks, slice the leeks and cut tatties into 0.5 inch cubes

Mix haddock, leeks, tatties, clotted cream and seasoning

- Divide mixture between the pastry circles, then bring pastry edges together and crimp.
  - Transfer to a lightly greased and floured baking tray, brush with egg and cook for 35 minutes

    Serve hot, warm or cold

Recipe from Seafood Shetland (www.fishuk.net/seafoodshetland)

Recipe donated by Eunice Henderson