

## What if I have more questions?

Ask people who are there to help you, for example your family, teacher or social worker. They should be able to answer your questions or find out the answers for you.

## Name and Contact Details of the person talking to you:

.....  
.....  
.....  
.....  
.....



# Letting People know about You

The need to share with others



## GIRFEC

Email: [girfec@shetland.gov.uk](mailto:girfec@shetland.gov.uk)

Telephone:  
01595 744000

Getting it  
right for  
every child

Leaflet for  
Children

## Letting people know about you

Sometimes children need help with things that are going on in their lives, for example in their families or schools. To make sure you get the help you need, people want to talk to one another so a plan can be made. Grown ups call this **Getting it right for every child** or **GIRFEC** for short.

## Why do people need to know about you?

- to get you and your family the help you might need.
- to make sure people work together to help you.
- to keep you safe and well.

## Who needs to know about you?

- people who can help you like a teacher, a doctor or a social worker.
- anything people know about you will be kept in a safe place.



## How do people get to know about you?

People might:

- speak on the phone.
- send e-mails.
- write letters.
- meet together.

## Are you asked first?

If you are under 12, your mum or dad, or the people who look after you are asked to agree. You might be asked too.



If you are over 12, you will be asked if it is ok for people to speak about the things you need and if it is ok to set up a plan for you.