

DIRECTION FROM THE SHETLAND ISLANDS INTEGRATION JOINT BOARD (“IJB”)

ISSUED UNDER SECTION 26(1) OF THE PUBLIC BODIES (JOINT WORKING) (SCOTLAND) ACT 2014

Direction: Adult Services – Learning Disability and Autism (LD and ASD)	Direction to: SIC and NHSS	Overall Budget allocated by IJB for Direction: £8,538,236 SIC £8,458,165 NHSS £80,071
Reference Number: 1.2	Relevant Function(s): Provision of support and care for adults with Learning Disability and Autism	Review Date: March 2025
IJB Report(s) Reference Number: CC-17-23		
Date Direction issued/authorised by IJB: 1 May 2024	Date Direction takes effect: 1 April 2024	Does the Direction supersede, amend or revoke an existing Direction? If yes, include reference number of existing Direction: Supersedes Direction 1.2 (IJB Report Ref. CC-23-23-F)
Purpose of Direction		
<p>The IJB commissions Adult Services (Learning Disability and Autism) to provide care and support for adults with learning disabilities (LD) and/or autism spectrum disorder (ASD) with assessed need, and those of any unpaid carer, in line with the National Health and Wellbeing Priorities and Outcomes.</p> <p>This includes future planning for anticipated need and engagement with other appropriate services within and out with SIC and NHSS to ensure the population with LD and/or ASD, and individuals, are advocated for and supported in the best way to meet their needs and aspire toward a system wide person-led approach.</p>		

This can include support with understanding and improvement work in other services, and input into wider strategic planning across SIC, NHSS and Shetland Partnership.

Accountability and Governance

Reporting to IJB; IJB Audit; Social Work Governance Group; Clinical and Professional Oversight Group; monthly budget monitoring processes and quarterly budget reporting to IJB and Council; ; Care Inspectorate monitoring including Annual Returns, Announced and Unannounced Inspections.

Overarching Directions to Function(s)

For adults with learning disability, autism spectrum disorder and unpaid carers:

- *Provision of short break and respite*
- *Provision of day care*

For adults with learning disability and adults with autism spectrum disorder:

- *Provision of supported living;*
- *Provision of supported vocational activity;*
- *Contracting of specific services not covered by core, in-house services*
- *Care coordination of support where relevant as a result of assessment*
- *Provision of community learning disability nursing service (Adults)*
- *Provision of specialist clinical adult learning disability service (virtual out-patient)*

Directions	Outcomes and key actions	Performance Monitoring and Indicators	Challenges & Opportunities – inc. Risks and Finance
<p>To provide care and support for adults with learning disabilities(LD) and/or autism spectrum disorder (ASD) with assessed need. This includes provision of the following:</p>	<p>People with learning disabilities (LD) and/or autism spectrum disorder (ASD) achieve:</p> <ul style="list-style-type: none"> • A healthy life • Choice and control 	<p>Informed by SDS review, develop feasible, costed workforce and service model options planning to meet future need.</p>	<p>Challenges:</p> <p>Rise in the number of people with eligible need exceeding available resources – finance and workforce.</p>

	<ul style="list-style-type: none"> • Independence • Active citizenship <p>Take an asset-based approach to assessment, provide quality services, and support development of inclusive places, spaces and opportunities, to enable sustainability.</p>	<p>March 2024 (ongoing)</p>	<p>Unmet needs due to the service reaching its capacity</p> <p><u>Opportunities:</u></p> <p>Business justification case development to consider options for sustainability</p> <p>Outcome of the Self Directed Support Improvement project and development/use of a resource allocation tool</p>
<ul style="list-style-type: none"> • Supported Living and Outreach 	<p>The service aims to enable people with LD and/or ASD to live as independently as possible within their community.</p> <p>Continue ongoing conversation with service users, families, service providers and communities around expectations of services and level of provision. This will be delivered via HSCP communications plan, which will include communication by services with service users.</p>	<p>Measure:</p> <p>Trend in number of hours provided and number of individuals provided to.</p> <p>Performance Indicator Ref: AS-2324-2</p>	<p>Challenges:</p> <p>Rise in the number of people with eligible need exceeding available resources – finance and workforce, supported housing asset</p> <p>Capacity/resources cannot meet current and future demand.</p> <p>Loss of experienced staff through resignation/retirement</p> <p>Opportunities:</p>

			<p>Business justification case development to consider options for sustainability</p> <p>Reviewed social care job profile and person spec/higher salary band attracting more staff</p>
<p>Access to meaningful activity, which includes:</p> <ul style="list-style-type: none"> • Supported Vocational Activity Service • Supported Employment and Training 	<p>Number of adults with LD/ASD obtaining a recognised qualification in lifelong learning; personal development; maintaining skills (reported annually)</p> <p>Understand expected future demand – including population health survey, national data, and local data including from children’s services, LD Nurse etc</p> <p>Understand possible gaps in service provision and explore these with relevant other providers, via for example the Shetland Partnership, and 3rd sector providers</p>	<p>Measure of access to meaningful activity, relevant to individual outcomes.</p>	<p>Challenges:</p> <p>Capacity/resources cannot meet future demand.</p> <p>Rise in the number of people with eligible need exceeding available resources – finance and workforce,</p> <p>Loss of experienced staff through resignation/retirement</p> <p>Complexity of care and support needs</p> <p>Opportunities:</p> <p>Business justification case development to consider options for sustainability</p> <p>Reviewed social care job profile and person spec/higher salary band attracting more staff</p>

<ul style="list-style-type: none"> Assertive Community Transition Service (intensive support) 	<p>Objectives: To provide intensive, flexible support for people with learning disabilities, autism and complex needs where significant difficulty is being experienced and there is critical risk of breakdown of current arrangements.</p>	<p>Measure:</p> <p>Service users are supported towards reasonable independence by an asset-based approach to support that includes setting and regular review of outcomes.</p>	<p>Capacity/resources cannot meet future demand.</p> <p>Model of housing not making best use of available assets</p> <p>Opportunities:</p> <p>Business justification case development to consider options for sustainability</p> <p>Reviewed social care job profile and person spec/higher salary band attracting more staff</p>
<p>To work together with, and provide support to, service users and unpaid carers for adults with learning disabilities (LD) and/or autism spectrum disorder (ASD) with assessed need.</p> <ul style="list-style-type: none"> Short Break and Respite Services Day care <p>Support for unpaid carers.</p>	<p>Unpaid carers for people with learning disabilities (LD) and/or autism spectrum disorder (ASD) feel supported to continue in their caring role.</p> <p>Effective future care plans, designed by service users, their families/unpaid carers and support teams are in place for each individual to avoid crisis.</p> <p>There are a variety of sufficient “short break” options available to individuals with LD/ASD and unpaid carers in Shetland – this includes continuation and development of current</p>	<p>Measure:</p> <ul style="list-style-type: none"> Effective Emergency Care Planning (72 hours) is in place for each individual who is supported by an unpaid carer to avoid crisis. Unpaid Carers feel supported to continue in their caring role (NI-8) <p>Shared approach across care services to</p>	<p>Challenges:</p> <p>Capacity/resources cannot meet future demand.</p> <p>Rise in the number of people with eligible need exceeding available resources – finance and workforce,</p> <p>Demographics – aging and/or vulnerable unpaid carers</p> <p>Opportunities:</p>

	<p>provision and exploration and support of new and emerging options.</p> <p>Individuals are supported to identify and access appropriate options.</p>	<ul style="list-style-type: none"> • Emergency (unscheduled) respite service are minimised. • Unpaid Carers feel supported to continue in their caring role (NI-8) 	<p>Business justification case development to consider options for sustainability</p> <p>Reviewed social care job profile and person spec/higher salary band attracting more staff</p>
<p>Contracting of services to meet outcomes not covered by core services, including:</p> <ul style="list-style-type: none"> • Supported Employment placements • Recreation opportunities • Independent Advocacy (jointly contracted with Adult Social Work and Children Services) 	<p>Monitoring completed through comprehensive commissioning review process.</p>		<p>Challenges:</p> <p>Capacity/resources cannot meet future demand.</p> <p>Service user/ community/ family expectations not met.</p> <p>Limited local provision</p> <p>Opportunities:</p> <p>Tender process for independent advocacy</p> <p>Business justification case development to consider options for sustainability</p>
<ul style="list-style-type: none"> • Community Learning Disability Nurse (LD & ASD) • Specialist Clinical Adult LD Service 	<p>Objective: to provide high quality specialist nursing care to children and adults with a learning disability, to enhance healthy quality of life in the community and to provide care and support to their families and carers.</p>	<p>Caseload is closely monitored, day-to-day achievement of outcomes measured as part of clinical work and caseload – not extracted for reporting but can form part of audit/case study reporting.</p>	<p>Challenges:</p> <p>LD Nurse service capacity to support.</p> <p>Demand exceeding resources.</p> <p>Opportunities:</p>

<p>(note while the Community LD Nurse has a caseload which includes children the IJB is only directing planning and activity around adults)</p>	<p>Triage and prioritise input to patients and at consultative/strategic level to deliver best possible service within resource. Continue to prioritise joint and partnership working and peer support to minimise fragility of existing service.</p> <p>Planned implementation, alongside professional partners, of the Scottish Government's new policy of providing adults over the age of 16 with a learning disability with an annual health check – monitoring and evaluation will be developed alongside implementation plan.</p>		<p>Recurring funding for a Band 6 CLDN in place</p> <p>In addition to a Band 8 CLDN Consultant (in post)</p>
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Shifting Balance of Care	
This Direction links to the following Shifting Balance of Care work streams:	
Project ref	Service/Programme
PJR0012	Adults with LD
PJR0015	Frailty Matters
PJR0017	System Workforce Planning (NEW)
PJR0021	Models of Care - Accommodation/HousingSLO
PJR0031	Future Care Planning (ACPs and ECPs)
PJR0046	Commissioning services differently